

SAMPLE – Full Application must be submitted using the online form

Applicant Information

First Name *

Last Name *

Collegiate Chapter *

Email Address *

If this is not the preferred email address where you are most likely to receive updates, please update your Sigma Connect profile to edit the email address for communications.

There are strict deadlines for accepting your scholarship should you be awarded one, so it is important that communications go to an inbox you check often.

Cell Phone *

This is the address the Tri Sigma Foundation will use for disbursement of funds. Please enter the address where you are most likely to receive your check in early July.

Primary Address *

Street:

Line2:

City:

Country Code:

State:

Zip:

Applicant Category *

Select one option

- ☐ Undergraduate
- ☐ Graduate (full-time)
- ☐ Graduate (part-time)

Field of Study *

Graduate Program

Anticipated Graduation Date *

For your graduate program.

Graduate Program School *

School where you are enrolled or anticipating enrollment for Graduate Study.

Major Field of Study (undergraduate)

If you double major, please list both.

Does your undergraduate school use a 4.0 scale for GPA? *

Select one option

- ☐ Yes
☐ No

Cumulative GPA *

Undergraduate Program

Cumulative GPA (Undergraduate Program) *

Please convert your GPA accordingly to a 4.0 scale.

Please indicate the conversion method utilized. ***Minor Field of Study (undergraduate)**

Are you a part of an Honors College or Honors Program? *

Select one option

- ☐ Yes
- ☐ No

Transcript *

Please upload your transcript here by March 3, 2025. The file must be in PDF format. An official transcript will be required from the school if you are awarded a scholarship.

[File Upload]

Resume *

Please include a thorough, concise college resume (in PDF format) to date stating academic accomplishments and awards, Tri Sigma, campus and community service, leadership accomplishments and awards and summer and school year job employment both full and part-time. Unpaid jobs such as internships etc. should be included.

[File Upload]

Headshot *

Scholarship Photographs

Applicant headshots are not shared with the scholarship committee during their review process.

All 2025-2026 scholarship recipients may have their photograph published in the Triangle or other Foundation publications. Please follow these guidelines when submitting the required photograph.

- Submit a digital professional headshot in badge attire. Think of badge attire as business casual or something you would wear to a professional event.
- It must be an electronic high-resolution photo (300 dpi or more) with a minimum crop ratio of 512 by 512 pixels.

By uploading the image, you give permission for your photograph to be used in conjunction with the Sigma Sigma Sigma Foundation Scholarship Program.

[File Upload]

LETTERS OF RECOMMENDATION

You are required to have two recommendations from individuals familiar with your academic record, professional credentials, Tri Sigma activities, campus or community service. Family members/relatives and fellow students are NOT eligible to write letters of recommendation

To request their submission, add their first and last name and email below. Once the application is fully submitted, a request email with a form link will be sent for the person to upload their letter of recommendation.

Instructions to provide to the endorser

Please alert the endorser as soon as possible about your request and include the following information in your request:

1. *This is a one-time link. Notify the endorser of this request in advance and ask them to prepare the letter of recommendation before accessing the recommendation form link. If they use/visit the link without adding their letter of support, they will not be able to return to that page.*
2. *Depending on the email security settings, this may be routed to junk mail. Please have them review their flagged email before submitting an error report.*
3. *Letters of recommendation must be submitted by the deadline of March 3, 2025. If the letters are not submitted by the deadline, the application will be considered incomplete and will not qualify for consideration.*

You are fully responsible for the completion of this request. Please contact us if you or your contact run into any issues. By completing this you waive your right to see the letter.

Recommendation 1 *

Full Name:

Email:

Recommendation 2 *

Full Name:

Email:

Page: Categories

Category *

Any Tri Sigma collegiate or alumnae member in good standing is eligible to apply for a scholarship. Some scholarships have more specific requirements, such as an academic program of study or collegiate chapter affiliation. Please review the following list of scholarships with specific requirements and select the ones for which you are eligible to apply. For more information on specific criteria, see the [Scholarships and Criteria list](#) available on the Foundation website.

All applicants should **select "All Non-restricted Scholarships" in their original application submission regardless of if you are selecting any of the restricted scholarships.**

To apply for other categories:

1. Academic Programs of Study: check available option(s) if it aligns with your current major or minor.
2. Collegiate Chapter Affiliation: check if your collegiate chapter of initiation is listed.
3. Needs-based scholarships: check to be considered and complete the additional section required to demonstrate financial need.

Select one or more categories

Collegiate Chapter Affiliation (limit of 2 selections)

- ☐ Alpha Mu
- ☐ Chi
- ☐ Zeta Lambda
- ☐ Alpha Zeta
- ☐ Virginia Collegiate Chapter
- ☐ Nu
- ☐ Eta Omicron
- ☐ Omicron pursuing Social Work degree
- ☐ Omicron

Academic Program of Study (limit of 2 selections)

- ☐ Early childhood education major
- ☐ Nursing or Education
- ☐ Play therapy/child life major
- ☐ Agriculture major

☐ All Non-restricted Scholarships

Needs-Based Scholarship (limit of 3 selections)

- ☐ Student in Oklahoma
- ☐ Fine art, studio art, art history, art education, or museum studies
- ☐ Initiated with the Eta Pi Chapter of Tri Sigma
- ☐ All Non-restricted Needs-based Scholarships

Page: Open Responses

Campus or Community Service *

Describe your most fulfilling community or campus service experience and how it impacted others. How did this experience enrich your life? 250 words or less.

Sigma Service *

Describe how you have impacted your collegiate chapter through your leadership and/or service. If you are applying for a graduate scholarship, how has your leadership and/or service impacted your collegiate/alumnae chapter or the national organization? 250 words or less.

Character *

How do live your life as a Tri Sigma of character and why is that important to you? 250 words or less.

Career *

Where do you see yourself in 5 years professionally? 250 words or less.

Future *

How do you see yourself being involved in Tri Sigma after graduation? 250 words or less.

Needs Based Scholarship *

You selected a scholarship option that is a needs-based scholarship. To confirm, would you like to also be considered for the needs-based scholarship options? (select one)

If yes, additional information is required for submission.

Select one or more options

☐ Yes

☐ No

Student Aid Report *

Upload your Submission Summary (which has replaced the Student Aid Report for the 2025-2026 FAFSA award year). This document can be accessed through your FAFSA account by following these instructions:

- Go to studentaid.gov and log in using FSA ID
- Go to Student Center Dashboard >> My Activity >> View FAFSA Submission Summary >> enter your email address to review a copy.
- Once received, upload the PDF file below.

If the 2025-2026 is not yet available, please upload your most recent summary. If selected, the 2025-2026 summary will be requested before funds are distributed.

[File Upload]

Student Aid Index *

In addition to uploading your Submission Summary, please enter your Student Aid Index number (found on your Submission Summary):

If you need help finding your Student Aid Index, visit the [Student Aid website](#).

Personal Statement *

Tell us about your Tri Sigma experience and how it has complemented your academic work and goals.

Financial Need *

Weighing strengths and achievements in and outside the classroom allow evaluators to better understand applicants' unique experiences and potential for success. Please briefly describe your financial need and how you are overcoming social, economic, education and/or physical barriers to pursue and finish your degree along with how this scholarship will assist you with your goals.

Page: Acknowledgements *(all applicants)*

Previous Recipient *

Have you previously received a Tri Sigma scholarship?

Select one option

- ☐ Yes
- ☐ No

Year *

What year did you previously receive a Tri Sigma scholarship?

Photograph Permissions *

I give permission for my photograph to be used in conjunction with the Sigma Sigma Sigma Foundation Scholarship Program.

Select one option

- ☐ Yes, I give permission.
- ☐ No, I do not give permission.

Publicize Permissions *

I give permission for the Sigma Sigma Sigma Foundation to publicize my award and to use quotations from my letters to the Foundation in its promotional materials.

Select one option

- ☐ Yes, I give permission.
- ☐ No, I do not give permission.

I understand that if I receive an award, I will be required to submit further materials, including an official transcript from my university, and a letter of thanks addressed to the donor of my scholarship.

I understand that there are strict deadlines for accepting my scholarship should I be awarded one, and that if I miss that deadline, I forfeit my scholarship.

I understand that it is my responsibility to ensure that my letters of recommendation are submitted correctly and on time. I understand that if my required letters of recommendation are not submitted by the application deadline, then my application will be considered incomplete, and I will be disqualified from consideration.

Electronic Signature *
