

# TRI SIGMA

# Mi MARCH OF DIMES

## *Baby Blankets*

Tri Sigma partnering with the March of Dimes to support the NICU Family Support program by providing handmade baby blankets.

The NICU Family Support® program offers information and comfort to families during the NICU hospitalization of their newborn, during the transition home, and in the event of a newborn death. It also provides professional education for NICU staff; and promotes neonatal family centered care in NICUs. NICU Family Support is present in more than 120 hospitals across the country and touches more than 90,000 families each year.

Blankets will be given to babies once outside of NICU isolette. Families will be able to take home blanket as a celebratory memento when they go home together.

*Questions?*

*Contact Desiree at  
dpaulhamus@trisigma.org.*



### *Items Needed:*

1 yard of Fabrics  
(cotton fabric and a  
piece of thick, fluffy  
polyester blended fabric)  
Sewing Pins  
Sewing Machine  
Thread & Needle

Ship to:

**Linda Carter-Dean**

**March of Dimes**

**1275 Mamaroneck Avenue**

**White Plains, New York 10605**



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# Simple Baby Blanket

You wouldn't believe how fast it is to make! Who wouldn't want to cuddle up with something so soft?!

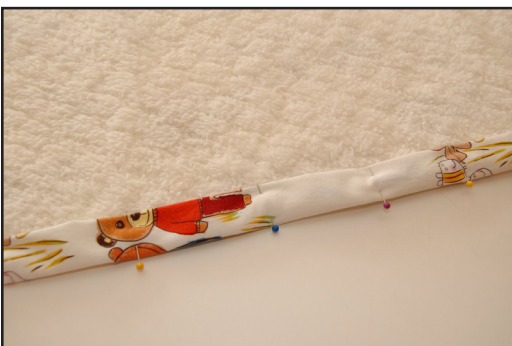


**Step 1:** Wash, dry, and press your fabric. In this case, I have a piece of cotton fabric and a piece of thick, fluffy polyester blended fabric which you **SHOULD NOT IRON!** It will melt.

Make sure you cut off the bands on both sides. This part of the fabric isn't stretchy and messes up the form of whatever you're making.



**Step 2:** Lay out your fabric pieces - wrong sides together. Give yourself about 2 inches all the way around with your cotton fabric to eliminate bulk. Turn under once, and then under again. Pin in place.



**Step 3:** Now you're ready to stitch! I like to stitch right where the edge of the cotton fabric meets the soft fleece. I like to start at a top corner, stitch all the way down until I'm just over the edge of the next turned-under corner, backstitch there, and end my row. Then I'll start again just like before. This way you don't have to hand-sew the corners down.

If you're comfortable sewing, this blanket might take you 20 minutes from start to finish.



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*learn • lead • give*

# NICU *Family Support*

## Contact Information:

Date: \_\_\_\_\_

Chapter: \_\_\_\_\_

Chapter Address: \_\_\_\_\_

\_\_\_\_\_

Contact Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Email Address: \_\_\_\_\_

This shipment includes: \_\_\_\_\_

\_\_\_\_\_ Baby Blankets Qty \_\_\_\_\_

\_\_\_\_\_

NOTES:

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Include a copy of form in each donation box mailed to March of Dimes.  
For questions regarding your donation, contact **Linda Carter-Dean** at **914-997-4512**.

**TRI  
SIGMA**

